

SELF-ORGANIZED SEMINAR



RESEARCHING MENTAL HEALTH IN CONTEMPORARY EDUCATIONAL CONTEXTS

INSIGHTS FROM A PORTUGUESE PHD CANDIDATE

DECEMBER, 2 | 10H00 - 13H00

AULA RIUNIONI (U6 BUILDING - IV FLOOR - ROOM 4152)

10h00 - 10h15 | Welcoming

Ilaria Grazzani - University of Milano-Bicocca

**10h15 - 11h00 | How is it like to be a PhD Candidate in
Portugal? Cross-cultural insights and experiences**

Margarida Frade dos Santos - University of Lisbon

11h00 - 11h15 | Break

**11h15 - 11h45 | Promoting Mental Health of children and
adolescents during the pandemic**

Margarida Frade dos Santos - University of Lisbon

**11h45 - 12h45 | Mental Health and Wellbeing during the
PhD experience: challenges and possibilities**

Moderation: Margarida Frade dos Santos and Eugenia Campanella

12h45 - 13h00 | Closing

If you are abroad and still want to be part of the seminar, please send an e-mail to:
m_margarida_santos@hotmail.com

THIS SEMINAR WAS DEVELOPED BY THE VISITING PHD STUDENT MARGARIDA FRADE DOS SANTOS IN COLLABORATION WITH EUGENIA CAMPANELLA